



## THE THAI SPA INCLUDES:

### The Thermal Suite

Immerse yourself in the waters of The Infinity Pool overlooking Castle Hume Lough and experience the heat treatments of The Thermal Suite with Sauna, Steam Room and Whirlpool.

### The Fitness Room

A complete range of Cardio and Resistance Equipment including free weights and stretching area.

### The Thai Spa

8 treatment rooms which include a dual treatment room for couples, friends or family, an authentic traditional Thai massage couch and 6 individual treatment rooms.

- The Light Therapy Sauna.
- The Aroma Crystal Steam Room.
- The Exotic Rain Shower.
- The Monea Light Relaxation Room.
- The Monea Deep Relaxation Room.
- The Cleansing Mud Rasul.

"I'VE PLAYED GOLF ON EVERY CONTINENT AND I CAN HONESTLY SAY THAT I AM OVERWHELMED BY THE LOCATION AND BEAUTY OF LOUGH ERNE GOLF RESORT" SIR NICK FALDO



Visit our website for full details on our Thai Spa Stay and Day packages [www.loughernegolfresort.com](http://www.loughernegolfresort.com)  
Or contact The Thai Spa Reception T. +44 (0)28 6634 5728 E. [thaispa@loughernegolfresort.com](mailto:thaispa@loughernegolfresort.com)



THE THAI SPA  
THE AUTHENTIC THAI SPA EXPERIENCE

