



Relish Being a Gentleman in The Thai Spa at Lough Erne Golf Resort



14 January 2009: The Thai Spa at Lough Erne Golf Resort in Ireland's Fermanagh Lakelands is encouraging men to wake up to their masculine side in 2009, launching in February a selection of male grooming treatments that will set the most glamorous of women on their toes.

Male grooming and men's spa treatments are increasingly popular but exceptional treatments are still hard to find. As of 1 February 2009, men need look no further with The Thai Spa's new Gentlemen's Hot Towel Facial, Herbal Compress and Oriental Scalp Massage. Each treatment includes traditional Thai massage techniques to aid relaxation and provide stress relief. Packages are from £60 and include either a Mini Treat, Recharge, Ultimate Grooming Just For Him, and Gentleman's Recreation, and an overnight stay at Lough Erne Golf Resort with a full Irish breakfast costs from £65 per person per night based on two persons sharing a Lakeview Room.

The Thai Spa at AA Five Star Lough Erne Golf Resort is a wholly Thai experience, offering Thai treatments by five Thai therapists using Thai-made products. Expertly trained in Thailand, the five Thai therapists provide authentic treatments using Lau Erb products. Lough Erne Golf Resort has the only spa in Ireland that offers products by Lau Erb. Lau Erb uses traditional and natural Thai remedies including herbs, flowers and roots to create a range of products that are dedicated to the wellbeing of the mind, body and soul. The spa has eight treatment rooms, including a dual treatment room for couples or friends, a

room with a specialist Thai massage coach and another with a traditional soak bath. The Thai Spa, the only authentic Thai Spa in the UK is open seven days a week.

www.loughernegolfresort.com / +44 (0) 28 66323230

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Contact Anna Francis or Ania Zdunek at Mango PR
020 7421 2500 or firstname.surname@mangopr.co.uk

About Lough Erne Golf Resort

Lough Erne Golf Resort opened in County Fermanagh, Northern Ireland, in October 2007. It is set on a 600 acre private peninsula nestled in between Lower Lough Erne and Castle Hume Lough. The privately-owned hotel has 120 guestrooms including 25 two and three bedroom Luxury Lakeside Lodges which offer private, fully serviced accommodation. Lough Erne Golf Resort offers The Thai Spa, The Catalina Restaurant for *à la carte* dining, The Blaney Bar and The Grazing Menu and The Garden Hall for afternoon teas. It offers world class facilities for private meetings and events. In summer 2009 Lough Erne Golf Resort will have the use of two 18-hole championship golf courses with the opening The Faldo Championship Course. The Castle Hume Championship Golf Course is already open. Lough Erne Golf Resort is located just five minutes from Enniskillen (St Angelo) private airport. It is also easily accessible from Belfast International, Belfast City and City of Derry airports